



Entrées for the Working Lunch

CFC offers a wide variety of menu items including, but not limited to the following. Pricing is per serving and includes plates, eating/serving utensils and cups/ice if a beverage is ordered.

Add more for bread/ roll of your choice (see Bakery & Desserts menu).

Chef's choice special – includes entrée, starch, salad, rolls with butter and tea.

\$ 9.99

Honey Mustard Chicken

Baked chicken breast in our signature honey-Dijon sauce, sautéed mushrooms and cheddar-jack cheese. Twice-baked potato and side salad \$ 9.89

Chicken Parmesan

Spaghetti and side salad \$ 9.79

Tuscan Stew with Jasmine Rice

\$ 7.75

add side salad \$ 1.99

Chicken Pot Pie (increments of 12 or 24)

An all-time favorite filled with tender chicken and veggies. Served with corn niblets and side salad

\$ 7.39

Bourbon Street Chicken

With wild rice or mashed potatoes, side salad \$8.99

Pot Roast

Succulent choice beef roasted with potatoes, onions and carrots, and side salad \$ 8.99

Make-Your-Own Taco Salad

Corn tortilla chips, shredded lettuce, Mexican beans, sour cream, zesty salsa, shredded cheddar-jack cheese, jalapeños, olives and Spanish rice.

(Minimum order of 15.) \$ 8.35

With Southwest shredded chicken (3 oz) \$ 2.99

With chili (3 oz.), add \$ 1.99

Italian Meat Lasagna (increments of 12 or 24)

Mama Mia's secret recipe: three cheeses combined with our meat sauce (Vegetarian Lasagna available.) Green beans and side salad

\$ 7.94

Garlic bread, add 79¢

Artisan Meatloaf

Lean ground beef in a classic blend of herbs and our own homemade sauce. Mashed potatoes and side salad \$ 8.99

Fettucini Alfredo with Grilled Chicken

Grilled chicken strips sautéed with lemon pepper or Cajun seasoning, or plain with a side of creamy fettucini and side salad \$ 9.59

Potato Bar

Have fun; make your own! Baked potato, sour cream, cheddar-jack cheese, bacon bits, chives, butter. (Minimum order of 15.) \$ 5.75

With chili (3 oz.), add \$ 1.99

With Southwest shredded chicken, add \$ 2.99

With garden salad \$ 1.99

There is a 15-guest minimum for free delivery to most areas of Winston Salem. 10 – 14 guests is a \$15 delivery fee. Deliveries on weekends and after 1:00 will be accepted on an individual basis and subject to a \$20 delivery fee. For deliveries after 3:00 p.m., please see our [dinner menu](#), or add 15% surcharge to working lunch menu prices.

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Glazed Pork Loin

Served with wild rice and side salad \$ 7.99

Parm Ranch Chicken

With orzo or mashed potatoes and salad \$ 9.79

Assorted Plattered Sandwiches

\$9.49

Includes Sandwich, Side and Sweets Tray

Choice of Sandwich:

All sandwiches are made same day as delivery on fresh bread/rolls.

Ham & Swiss – Turkey & Provolone –
Roast Beef - Chicken Salad – Mild Cajun Chicken
Breast – Grilled Chicken Breast – Egg Salad
Pimento Cheese or Veggie Spread for vegetarians

Choice of Side:

Red Bliss Potato Salad – Veggie Pasta Salad –
Penne Pasta Salad with black olives, sundried
tomatoes and garlic tossed in olive oil – Creamy
Cole Slaw – Chips

Choice of Treat:

Homemade Cookies – Homemade Brownie

Add chips 59¢

Gluten-free bread available – add \$1.50

*Please note: number of selections will vary with
size of order – 3 selections for 20 or fewer.*

Boxed Lunches

\$ 9.79

*Includes Sandwich, Side and Dessert, Condiments,
Eating Utensils, and Napkin*

Same selections as above. Packaged in an
attractive clear plastic box labeled with type of
sandwich.

Ask us about boxed salads.

Buffet Salads for the Working Lunch

Minimum order of 10 per salad.

Garden Salad

Dressing, soft roll \$ 4.79

Chef Salad

Dressing, soft roll \$ 8.79

Chicken Caesar Salad

Creamy Caesar dressing, hard or soft roll \$ 8.59

Sesame Chicken Salad

Lettuce, snow peas, red peppers, and sesame
chicken strips with Asian sesame dressing, hard or
soft roll \$ 8.59

Greek Salad

Greek feta dressing, soft roll \$ 6.89

Soups for the Working Lunch

Chili—Meat 10 oz. serving \$ 5.89

Chili— White Chicken 10 oz. \$ 5.89

Chili—Veggie 10 oz. serving \$ 4.89

Chunky Chicken Veggie
10 oz. serving \$ 5.89

Garden Veggie 10 oz. serving \$ 4.89

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